

# The Nurture Programme®



## GROUP PROGRAMME INFORMATION

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A Nurturing Parenting Approach

# About The Nurture Programme®

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Jodie Isitt founded The Nurture Programme during the 2020 pandemic. There was a huge loss of support and connection for families like hers and The Nurture Programme aimed to fill that void. She created a regular and consistent neuro-affirming presence on social media, connecting with vulnerable families and sharing insights into lived experience - all in the hope she could help families move from CRISIS to CALM.

As disabled families we are no stranger to isolation, society being more geared for the “typical” human brain, we create safety and inclusion in our own spaces, but From 2020 – 2022 our families lost all and any sense of the little security and support that we had managed to secure. So this was crucial. We had no schools, no respite, no activities, and our caring networks were taken from us (those who had them). Building programmes and creating content quickly became my passion and the families I worked with inspired my creativity.

## What we offer. . .

- **The Nook by Nurture - Membership**
- **The Nurturing Advocacy Programme**
- **The Nurturing Anxiety Programme - (CPD)**
- **The Nurturing Autism Programme - (CPD)**
- **The Nurturing Authenticity Programme**
- **The Nurturing Parenting PDA Programme**
- **The RADICAL Parenting Programme**
- **The Nurturing Attention Differences (ADHD) Programme**
- **The Professionals' Nurture Hub - Online Training Programme**
- **The Nurturing Neurodivergence Programme (Annual Conference)**

# Group Programmes



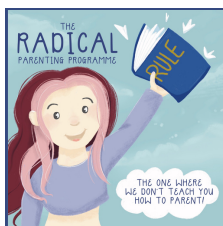
## THE NURTURING AUTISM PROGRAMME

Many of us are unaware that the way in which we perceive "autism" is pathologised. We want to help correct that and in doing so create positive Autistic identities which are crucial to improving our wellbeing. address the perception from non - autistic individuals that our brains need modifying and in turn help create environments which are inclusive, neurodivergent friendly and importantly, fully accessible.



## THE NURTURING ANXIETY PROGRAMME

Whether you are a professional working with anxious children, or you are parenting or caring for an anxious child, then this programme is going to give you a greater insight into real experiences of people with anxiety. Designed and developed by Jodie Isitt, this programme will help you manage your own anxieties alongside those children so that co-regulation is at the heart of easing the worries. You will finally be able to take control of the anxiety together instead of it taking control of you.



## THE RADICAL PARENTING PROGRAMME

A BRAND NEW Programme aimed at parents/carers of ALL children with a focus on NEURODIVERGENCE. Our Calm, Connection & Co-Regulation® Parenting approach is embedded throughout this programme which is designed to give you back the confidence in taking back the power to parent instinctively.



## THE NURTURING ATTENTION DIFFERENCES PROGRAMME

At The Nurture Programme®, and in the wider Neurodivergent community, we prefer to define ADHD as having Attention Differences. We do this to promote positive Neurodivergent identities. Our brains can be the most creative, energetic, unique brains there are. Our unlocked potential can be huge. This is why the environments in which we live, learn and work are so crucial to development, success and well-being. The Nurturing ADHD (Attention Differences) Programme breaks down the stigmas attached to ADHD and assists in changing the perception that this is a "naughty boy disorder".

# GROUP PRICING



We now offer our programmes to organisations where we deliver our programmes exclusively for your group online (whether this be a team of education staff, parents, social care groups and everything in between).

## Group training includes

- Access to your chosen programme(s), delivered online
- Recordings available for 60 days
- CPD Accreditation where applicable (see below)
- Heavily discounted rates compared to booking individually

## PRICING

### Full Package (Anxiety, Autism, ADHD & RADICAL Programmes)

Up to 10 - £3500 (Saving of £600)  
Up to 20 - £4500 (Saving of £700)  
Up to 30 - £5000 (Saving of £1300)

### The Nurturing Anxiety Programme (CPD Accredited)

Up to 10 - £600  
Up to 20 - £800  
Up to 30 - £1000

### The Nurturing Autism Programme (CPD Accredited)

Up to 10 - £800  
Up to 20 - £1000  
Up to 30 - £1200

### The Nurturing Attention Differences Programme (ADHD)

Up to 10 - £700  
Up to 20 - £900  
Up to 30 - £1100

### The RADICAL Parenting Programme (CPD Accredited)

Up to 10 - £2000  
Up to 20 - £2500  
Up to 30 - £3000

# BOOKING ENQUIRIES & CONTACT INFORMATION

## Group Bookings:

If you are interested in booking staff members on any of our training then please contact Charlotte for invoicing and payment details.

[admin@thenurtureprogramme.co.uk](mailto:admin@thenurtureprogramme.co.uk)

## Speaking Opportunities:

If you are interested in booking Jodie to present at one of your events then please contact her directly to arrange all details, including the type of presentation that most suits your audiences' needs.

[jodie@thenurtureprogramme.co.uk](mailto:jodie@thenurtureprogramme.co.uk)

## Membership Training:

If you are interested in any of our membership areas, whether to refer a family or for professional training then please contact Eloise our membership manager.

[thenook@thenurtureprogramme.co.uk](mailto:thenook@thenurtureprogramme.co.uk)

